



Hours of service

- 🕒 Monday - Friday
8 a.m. to 5 p.m.
- ⓧ Closed on Utah and national holidays

About

MotherToBaby Utah

We have been providing education about exposures in pregnancy and breastfeeding to pregnant people, families, and health care providers for more than 35 years.

Let's connect

Phone

801-328-2229
800-822-2229

Text

855-999-3525

Email

expertinfo@mothertobaby.org

Visit & chat

mothertobaby.utah.gov

Follow us

[@mothertobabyut](https://twitter.com/mothertobabyut)



Mother ToBaby

Utah

Pregnancy risk line



What we do

MotherToBaby Utah is a free, confidential, and accurate information service for pregnant and breastfeeding people and health care providers.

We answer questions about how prescriptions and over-the-counter medicines, chronic illnesses, drugs, alcohol, chemicals, and other environmental exposures can cause problems during pregnancy or harm your baby.



“ Our mission is to offer accurate, timely, and confidential information that will help you avoid problems in pregnancy. ”



When I call, who will I talk to?

Our staff members are highly trained and knowledgeable about medicines, chemicals, and other exposures that can cause pregnancy problems or birth defects. We can also answer questions about the effects medicines and other substances may have on your baby (if you're breastfeeding), and how these can impact your breastmilk production.



MotherToBaby Utah

- Offers services in English and Spanish.
- Has translation services in more than 150 languages!

Free - Confidential - Accurate

